

## Preschool (36–48 Months)



Your three-year-olds may have started developing major intellectual, emotional, motor, and social changes. Their skill set, mindset, and vocabulary skills continue to develop. They become so interested in doing activities on their own while discovering which rules to follow. Your child will be introduced to a whole new level of the learning experience.

Our childcare teaching staff develop child's basic skills in problem-solving and decision-making while participating in structured learning centers and free play activities that include language expression. We have tailor-made our lessons to make sure they are developmentally appropriate for every child's learning gap and capabilities. Therefore, we establish structured hands-on activities to enhance their problem-solving, critical thinking, mathematical, linguistic, and motor skills. We believe children learn best when they are actively engaged. Their listening skills are enhanced and emphasized through circle time, literature, and music.

We also have a science, art, and dramatic centers that allow children to explore, create, and discover independently. Fine motor skills and large motor skills are also supported by means of art and manipulative and gym activities.

With the help of the Creative Curriculum, our teachers are given tools to help your child develop a strong and positive relationship with adults and peers.

Our warm and nurturing environment support and promote children's learning in all areas and trusting others.

Each child approaches learning in different ways, and each child brings a unique set of attitudes, habits, and preferences to their interaction and exploration. Our Preschool Program has the teachers working closely with your child through hands-on learning, while introducing your child to literacy and number concepts and cooperation and communication skills, as well fostering increasing senses of independence.

### **THEMES**

- Manners
- Rules
- ABC's
- Seasons
- Safety/Transportation
- Dental Health
- Shapes
- Numbers
- Colors
- Five Senses
- Fire Prevention
- Holidays
- Families/Pets
- Community Helpers
- Nutrition

### **CURRICULUM AREAS**

Language Arts- This includes written and spoken language and the skills involved in pre-reading and writing.

Math- This includes number concepts, measurement, geometry, comparing volume, weight, and length of things in time and space.

Science- This includes concepts about the natural world such as growth, nature, changing seasons, etc. and concepts about the physical world, such as sound, light, magnetism, etc.

Social Studies- This includes concepts about the child as a member of a social group and such topics as families, people's work in the community, etc.

Music- This can include singing, using instruments, introduction to a variety of kinds of music as well as movement and dance.

Art- This includes the use of creative media involved in drawing, painting, collage construction, play-dough, clay, etc.

Health and Physical Education- This includes health and safety topics, as well as activities for physical development, such as exercise, games, and creative movement.

Self-concept- This includes activities of self recognition and self-awareness.

### **3 YEAR-OLD PRESCHOOL**

Welcome to 3-Year-Old Preschool. This letter has a bunch of important information about our class. Please feel free to ask any of us if you have any questions. At the beginning of each month, you will receive a newsletter, activity calendar, and our songs of the month.

Please take a few moments to read these newsletters as they will inform you of what we will be doing for the month and serve as a reminder of important dates for activities that we have planned. We want you to be as informed as possible of the activities your child is participating in.

Each week, we will be teaching the children a new song. These songs will be incorporated with the letter or theme of the week. We strongly encourage you to sing these songs with your child at home. Children love to sing and this is a great way to learn a new song with your child at home. Each week, we will work on a letter or theme and each of our projects or activities will be based on that letter or theme. We will also teach your child each letter in sign language as well as other simple signs such as mom, dad, water, etc. We are also going to introduce your child scissors. A teacher will sit with 2 children at a time on the days we have the cutting table open and begin to teach them safety rules when they are using the scissors and how to hold them as well as to guide them through the basics of cutting.

Another area that we will work on through the year is their names. As they learn to recognize the letters in their name, we will begin to trace the letters in their name. As mentioned above, we will work on some themes throughout the year. Attached is a list of some of the themes that we will cover. Some of the themes listed may change due to the children's interests. We will divide our theme units into 9 curriculum areas: Language Arts, Math, Science, Social Studies, Music, Art, Physical Education, Health, and Self-Concept. We have included a more defined list of the curriculum area will be used with every letter or theme, but they will all be included throughout the year.

The type of clothing your child wears to preschool is important. There are so many cute clothes for children, but many of them are difficult for children who are just potty trained. Please make sure that the clothes your child wears are comfortable and that they do not hinder or restrict their movement and developing independence. Also, please remember that even though we do wear paint shirts when we are doing something messy, sometimes they still get dirty. Please do not send them to our center in their Sunday's best.

Remember that we are a PEANUT-FREE facility. Nothing with nuts or peanut butter may be brought into the building. Please do not pack any candy or pop.

Thank you for taking time to read this packet of information. Early education in young children is very important in developing the skills they will use throughout their schooling and life experiences. We are looking forward to working with your child and we hope that this year will prepare your child with the skills they will need to make a smooth transition to the 4-year-old preschool.

## **PRESCHOOL DAILY SCHEDULE**

6:00-7:30 Free Play

7:30-8:30 Breakfast/Group Play

8:30-8:45 Clean up/Bathroom/Wash hands

8:45-9:00 Dancing/Stories  
9:00-9:15 Pick Daily Jobs  
9:15-9:30 Large Group-Calendar, Days of the Week, Months of the Year, Weather, Colors, Shapes, Counting, ABC's, talk about the letter/Theme of the Week, Project of the Week, Sign Language, Song of the Week  
9:30-10:20 Project and Free Choice Time  
10:20-10:30 Clean up/Bathroom/Wash hands  
10:30-10:55 Indoor Playscape or Outside Time  
10:55-11:00 Drinks  
11:00-11:30 Show and Tell, Games, Group Activities  
11:30-11:45 Wash Hands/Sing Songs/Stories  
11:45-12:30 Lunch/Bathroom/Wash hands/Stories  
12:30-2:30 Rest Time  
2:30-3:00 Bathroom/Wash hands/Snack/Drinks  
3:00-4:00 Group Activities/Stories/Singing/Playtime  
4:00-4:45 Outside  
4:45-5:30 Tape Books/Stories/Dancing/Singing  
5:30-6:00 Indoor Playscape/Departure Time